**Sermon Notes**

(and the occasional doodle ☺ )

Psalm 137 – Praying Our Anger

***O daughter of Babylon, doomed to be destroyed, blessed shall he be who repays you with what you have done to us!*** Psalm 137:8

**Praying our anger can actually help us love our enemies.**

**Observations #1: It acknowledges the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in us. (Darkness)**

**Observation #2: We revoke \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (revenge)**

**Observation #3: Still given permission to \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_. (feel deeply)**

**Observation #3: We begin to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ well. (love)**

**Kingdom Implications for Your Life:** *Where in your life are you holding on to anger? Who is an enemy that you struggle to pray for? Pray Psalm 137 each day this week. Be real in your praying.*